



TWO PAGE GUIDE

September 2020

Start Well Coordinators

Who are the Stockport Start Well Coordinators?

Start Well Coordinators (SWC) form part of Start Well locality teams (Health Visiting and Early Years) and compliment the role of the Health Visitor (HV). They provide early help and support to children and families and have a specific role in developing links and partnership working with early years providers through the Team Around the Early Years (TAEY).

What do they do?

SWCs provide specific interventions in order to address issues such as mental health and emotional wellbeing, parenting concerns, family relationship breakdowns, child development delay and special educational needs. Working holistically, Start Well Coordinators work alongside a range of services and agencies to ensure children and families get the right support at the right time and that children go to school ready to learn.

The SWCs provide high quality assessments and a range of evidence-based interventions. They intervene at the earliest opportunity completing work in the family home and other settings as appropriate. Their role is clearly identified through the Early Help Assessment (EHA) and Support Plan which is reviewed regularly and focuses on the strengths and support needs of the children, young people and family. SWCs will also support families by signposting to more appropriate services or calling in specialist support as required.

The day-to-day work of Start Well Coordinators includes:

- Case holding, key working and coordinating tailored packages of support to meet the needs of the children, young people and families
- Responding to call in by early years providers, maintained nurseries and other key services to offer support and assessment and the provision of evidenced based interventions
- Contributing to and completing the Early Help Assessments (EHA) in partnership with Health Visitors, early years settings, maintained nurseries and other professionals who are involved in the Team Around the Early Years
- Organising and chairing formal Team Around the Early Years meetings
- Planning and delivering interventions with children, young people and families through direct and group work whilst maintaining a holistic 'whole family' approach
- Using targeted interventions such as motivational interviewing, Incredible Years, child development knowledge, Portage, Solihull, solution focused interventions and restorative approaches
- Working in partnership with early years settings and maintained nurseries to promote the importance of attendance in the early years and identify children where poor attendance may be a symptom of other issues within the family
- Supporting the initiation of the Team Around the Family/Child (TAF) process following an Early Help Assessment, being the lead practitioner, leading meetings and reviews where appropriate
- Information gathering and intelligence sharing – two way process between families, workers, early years providers, schools and other key professionals.

COVID -19

Assessment and intervention will be delivered in line with government guidance and risk assessment of vulnerability i.e. virtual or face to face in the home or community venue as appropriate

How can families get to know the Start Well Coordinators?

Start Well Coordinators can be accessed through Health Visiting and Early Years teams or through a discussion within the Team Around the Early Years.

Early years providers or Health Visitors will speak to parents/carers about how they think the Start Well Coordinators could help. The worker will then make contact and together with the family, discuss what support is needed.

Start Well Coordinators are usually based within the Start Well Hubs, Satellites or local health clinics.

Integrated working arrangements

Working as part of Stockport Family and locality multi-disciplinary teams, Start Well Coordinators will support families to access early help and intervention. They work in an integrated and collaborative way with other professionals and teams within health and early years services in addition to other locality roles such as School Age Plus workers, Social Workers and School Nurses and borough wide services such as; Parenting, Infant Parent, Mosaic, Housing, Adult and Family Learning, Employment and Skills and Youth Offending Service.

Start Well Coordinators work with professionals and services to ensure children transition through the early years smoothly and start school ready to learn and are equipped to become lifelong learners.

Start Well Coordinators work in partnership with families and professionals to ensure the right help is accessed quickly and that the right professionals and services are working with families. They will listen to parents, children and young people's views and opinions and work with the whole family to help make positive, realistic and sustainable changes.

Contact Details and Further Information

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